



## **Inskip-Norwood Community Center**

301 West Inskip Road, 37912 (865) 687-6321



## <u>Center Staff:</u> Daniel Alexander

October 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HOURS OF OPERATION  Monday - 10am-2pm  Tuesday - 9am-4pm  Wednesday - 10am-5pm  Thursday - 10am-5pm  Friday - 12:30pm-3:30pm  * Unless noted & subject to change		1 Intro to Pickleball 9am-10am Open Pickleball 10am-2pm \$2 Brk Arts and Crafts 1pm-2pm Brk /TSD Basketball Skills 2pm-3pm	Lifesize Foosball 10am-11am Sun Board Games 12pm-1pm FX Fitness 1pm-2pm Sun Bocce Ball 3:30pm-5pm	3 Facility closed 12pm-2:30pm Open Gym 10am-12pm Bocce Ball 11am-12pm Arts and Crafts at KAFCC 1pm-2pm	4 Facility opens at 12:30pm Pilot Golf Skills Program 10am-12pm at Williams Creek Golf Course  Open Pickleball 12:30-3:30pm \$2	5
B. LEGEND     S.O Special Olympics     FX Fitness - Functional Crossfit for persons with disabilities.  CP Ctr - Programs for participants in Cerebral Palsy Services	7 Facility closes at 2pm FX Fitness 10am-11am  Drum Circle 1pm-2pm  Adapt Gaming at SPARK 2:30pm-4pm	8 Intro to Pickleball 9am-10am Open Pickleball 10am-2pm \$2 Brk Arts and Crafts 1pm-2pm Brk /TSD Basketball Skills 2pm-3pm	9 FACILITY CLOSED	10 FACILITY CLOSED	11 FACILITY CLOSED  Be a Friend Festival 10am-3pm at Caswell Park	12
13 LEGEND CONTINUED  Brk - Programs for participants in Breakthrough Corp Services  Sert - Programs for participants in in Sertoma Services  Sun - Programs for participants in Sunshine Industries Services	FX Fitness 10am-11am  Drum Circle 1pm-2pm Facility closes at 2pm  Adapt Gaming at SPARK 2:30pm-4pm	Intro to Pickleball 9am-10am Open Pickleball 10am-2pm \$2 Brk Arts and Crafts 1pm-2pm Brk /TSD Basketball Skills 2pm-3pm	Lifesize Foosball 10am-11am Sun Board Games 12pm-1pm FX Fitness 1pm-2pm Sun Bocce Ball 3:30pm-5pm	17 Facility closed 12pm-2:30pm Open Gym 10am-12pm Bocce Ball 11am-12pm Arts and Crafts at KAFCC 1pm-2pm	18 Facility opens at 12:30pm Pilot Golf Skills Program 10am-12pm at Williams Creek Golf Course  Open Pickleball 12:30-3:30pm \$2	19
20 LEGEND CONTINUED  Arts and Crafts at KAFCC for multiple agencies. Contact Center for more information.  Adaptive Video Gaming at SPARK - Contact Center for more information  Pilot Golf Program - Contact Center	21 Facility closes at 2pm FX Fitness 10am-11am  Drum Circle 1pm-2pm  Adapt Gaming at SPARK 2:30pm-4pm	Intro to Pickleball 9am-10am Open Pickleball 10am-2pm \$2 Brk Arts and Crafts 1pm-2pm Brk /TSD Basketball Skills 2pm-3pm	23 Lifesize Foosball 10am-11am Sun Board Games 12pm-1pm FX Fitness 1pm-2pm Sun Bocce Ball 3:30pm-5pm	Open Gym 10am-12pm Bocce Ball 11am-12pm Adapted Video Gaming at Inskip 1pm-2pm	25 Facility opens at 12:30pm Pilot Golf Skills Program 10am-12pm at Williams Creek Golf Course  Open Pickleball 12:30-3:30pm \$2	26
for more information	Pacility closes at 2pm FX Fitness 10am-11am  Drum Circle 1pm-2pm  Adapt Gaming at SPARK 2:30pm-4pm	29 Intro to Pickleball 9am-10am Open Pickleball 10am-2pm \$2 Brk Arts and Crafts 1pm-2pm Brk /TSD Basketball Skills 2pm-3pm	Lifesize Foosball 10am-11am Sun Board Games 12pm-1pm FX Fitness 1pm-2pm Sun Bocce Ball 3:30pm-5pm	31 Halloween Open Gym 10am-12pm Bocce Ball 11am-12pm Adapted Video Gaming at Inskip 1pm-2pm	Tallappy	www.KnoxvilleTN.gov/recreation /KnoxvilleRecreation @knoxvilleparks